

## Fayette County Schools SMART SNACK FAQ's

The Healthy Hunger-Free Kids Act of 2010 directed the USDA to establish nutrition standards for all foods and beverages sold to students in school during the school day, including foods sold through school fundraisers. The new Smart Snacks in School nutrition standards will require schools to offer healthy choices for a-la-carte sales in school stores and vending machines by providing students with more of the foods and beverages we should encourage.

USDA understands that fundraisers are time-honored traditions that support local school activities, including class trips, athletic programs, and the purchase of school supplies, Under the "Smart Snack in School" nutrition standards, USDA has sought to balance the need of schools to conduct occasional fundraisers, while still ensuring that students have access to healthier foods and beverages during the school day. Meal participation in the National School Lunch Program and the National School Breakfast Program must not be affected by fundraisers.

Here are some frequently asked questions to help support your fundraising events.

#### 1. What is the State law regarding exempted fundraisers?

The Guidelines allow 30 fundraisers per school year to occur. Each fundraiser is allowed to operate 3 school days and includes the sale of and delivery of the food. The school days do not need to be consecutive. In addition, exempted fundraisers can only be sold 30 minutes before and 30 minutes after the breakfast and lunch meal service ends.

2. If one club is selling food once a week for the entire school year, is that considered one fundraiser because it is one club?

Each fundraiser is allowed to operate at most 3 school days and includes the sale of and delivery of food. The club could run its fundraiser for 3 days (i.e., once a week for 3 weeks), which would count as one event. If they operated for more than 3 days, it would be counted as two or more events depending on the fundraiser's length, at most 30 events.

3. If cookie dough is sold during an off-campus fundraiser, is it ok to deliver on campus?

Yes, because the food will not be consumed on campus; however, delivery should occur near or at the end of the day. This counts as a part of the 30 fundraisers for the school.

4. Does School Nutrition need to know about all food sales within the school day? Yes, your School Nutrition Program must know about ALL food-related fundraisers being sold, delivered, and consumed during a school day to students. This includes the sale of such as (Krispy)

Kreme Donuts, Girl Scout Cookies, Cookie Dough, BBQ plates, and Candy Grams.



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5. Can a student buy an item that does not meet the standards online at 8 pm and then pick up the item at 10 am the next day on the school campus?

No, the rule intends that foods and beverages that do not meet the standards may not be sold and/or delivered on the school campus during the school day unless part of an exempted fundraiser. For example, Candy-Grams cannot be purchased at the beginning of the school day and delivered at the end of the school day or any other school day. This is considered a fundraiser and should be counted towards the annual 30 school fundraisers, and the application for the fundraiser should be completed and submitted to School Nutrition Department at <a href="mailto:schoolmeals@fcboe.org">schoolmeals@fcboe.org</a>. Candy Grams sales must occur 30 minutes before and after breakfast and lunch service.

6. How does an organization get approval to host an exempted fundraiser?

Clubs and other organizations wishing to host an exempted fundraiser should complete the application for fundraising form and submit it to the principal for approval. Once the principal approves the fundraiser and if the fundraiser does not include selling food, submit the application form to Operations Department at the LEC. If the fundraiser includes selling food-related items, please submit the application and nutritional labels for each item to be sold to School Nutrition at <u>schoolmeals@fcboe.org</u>.

7. Our high school culinary team follows a curriculum to create different foods throughout the year. Can students sell these foods to others students since they do not meet Smart Snacks criteria?

All foods sold to students during the school day outside of the National School Lunch and School Breakfast Program must comply with the Smart Snacks criteria. If the food is sold to adults only (i.e., parents, teachers, or other staff) or to students outside the school day, the food does not have to meet Smart Snacks criteria.

8. Some vendors advertise that products meet the Smart Snacks Requirements; can we accept that at face value?

No, all products should be evaluated for compliance by School Nutrition before selling them as a Smart Snack fundraiser.

9. Does the Smart Snacks regulation apply to foods or beverages brought from home?

No, the Smart Snacks regulation does not apply to foods brought from home by students for their own consumption or to foods brought by parents to be given free of charge to students at birthday parties and special events.



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10. Can a school principal serve regular drinks (Coke, Pepsi, Mountain Dew) and pizza to honor roll students as a reward during regular lunchtime?

Smart Snacks do not apply to foods or beverages served to students free of charge/contribution. However, the students should be given an opportunity to eat a regular school meal. These rewards should be offered <u>after</u> lunch meal service.

11. Is there popcorn that can be sold as an approved Smart Snack every day?

Yes, you can find the approved Smart Snack popcorn recipe below. However, you will still need to complete the application for the fundraiser and submit it to the School Nutrition Department for approval.

Smart Snack Popcorn Recipe

12. Can an organization or principal arrange for a food truck vendor to sell items to the students on the school campus during the day?

No specially exempted fundraiser foods or beverages may not be sold in competition with school meals during breakfast or lunch service. Please refer to the district board policy EEE-E1 on Competitive Food Service and Standards. Food trucks that do meet the Smart Snack criteria are not allowed as fundraisers where items are sold to students in place of school meals.

However, if an organization has a vendor that says they offer Smart Snack-approved products, please submit the nutritional information to the School Nutrition Department for evaluation. The principal responsibility will be required to ensure the food truck has been inspected by the Fayette County Department of Public Health and meet **ALL** local health requirements before the fundraiser day. The organization can sell to adults **only**.

13. Can a club or organization sell World Finest Candy, candy bars, and Candy Grams to students throughout the school day as a fundraiser?

All foods sold to students during the school day outside of the National School Lunch and School Breakfast Program must comply with the Smart Snacks criteria. Organizations planning fundraisers for foods that do not meet the standards must work with their School Nutrition Department. The organization should complete an application for fundraising form to see if the items can be allowed as a fundraiser.

# 14. When should a school or organization submit an exemption form for approval from School Nutrition?

Please submit the application for fundraising at least 10 business days before the requested fundraiser.